

Maine Woods Explorers: Summer 2016



Our mission at NREC is to encourage students to increase their awareness and appreciation of natural resources around us and to understand the stewardship necessary to sustain them. These goals are met through in-depth, science-based, experiential education and outdoor recreation. We provide quality hands-on, nature-based activities that are challenging and fun. The woods and waters of Maine, especially those of the Moosehead Lake Region, provide us with the perfect setting for our outdoor recreation.

The summer 2016 schedule offers seven weeks of day camp: Wednesdays, Thursdays and Fridays from 9 am – 3pm for youth ages 8-14. Each week will have a different theme where students can explore, learn and have fun! Locations and activities may change due to weather.

Week 1: Explore the Forest! July 6th-8th

Come and explore the forests around us with Erica Kaufman, forestland steward for the Forest Society of Maine, learn how to ID plants and trees and how to 'Leave No Trace' and why. Learn how not to get lost with retired Game Warden Roger Guay but what to do if it happens. GPS and mapping skills all building up to hiking Number 4 Mountain.

Week 2: Thoreau-Wabanaki Trail Fest! July 13th-15th

Celebrate the history of the Wabanaki people and the poet, philosopher, and naturalist Henry David Thoreau's three trips into the Maine Woods! Visit a local canoe builder and learn about modern canoe

building vs Thoreau's Canoe. Join local author and environmental advocate Wendy Weiger and discover the Flora and Fauna on Thoreau's trail. Daytrip to Lily Bay State Park and learn how to set up camp, build a fire, and a camping trip wouldn't be complete without some swimming and S'mores too!

Week 3: Summer Biathlon! July 20th-22nd

Learn what the sport of Biathlon is all about: the physical challenge of endurance sport combined with precision shooting! Get those feet moving on the NREC trails with running and trail games. Visit Big Pine Gun Club in Willimantic, learn firearm safety, and tips for the Summer Biathlon. Run, shoot, and run some more on the NREC trails for a friendly Biathlon competition.

Week 4: Gone Fishing! July 27th-29th

Maine IF&W Fisheries Biologist Tim Obrey will lead a trip to the East Outlet Fishway, learn about stream ecology, hydropower and dams, and collect bug/zoops samples. Try your hand at Fly tying and casting with the folks from the Kennebec Valley Chapter of Trout Unlimited. Go fishing with local guide Dan Legere and the IF&W Fish Biologists on Indian Pond. Fish On!

Week 5: Kayak, Canoe and Sail! August 3rd-5th

What better way to explore the Northwoods' rivers, ponds, and Moosehead Lake than with a boat! Learn the fundamentals of kayaking with local guide Bob Frederick on Mountain View Pond. Northern Forest Canoe Trail representatives will take us on the Moose River with canoe paddling and water safety, Sail away with the Moosehead Lake Yacht Club and Beaver Cove Marina.

Week 6: Take a Hike! August 10th-12th

From Moose Mountain to the Appalachian Trail, we have so many amazing places to take a hike! Learn about Trail Stewardship with AMC's Dawna Blackstone. What to wear? What to pack? How to pack it? We've got you covered. In celebration of Forest Heritage Days, Hike Moose Mountain and learn about Former Squaw Mtn Fire tower.

Week 7: Youth Mountain Bike Camp with the Maine Winter Sports Center! August 17th-19th

You know how to ride a bike, but maybe you want to take your skills a little further or try exploring new places. If so, this camp is for you! This MWSC Youth Camp will feature mountain biking in the Greenville area. Join us to learn all about turning, climbing, descending, and some basic bike maintenance. Mountain bikes and helmets from MWSC will be available for participants to use.

Registration:

Complete registration form, consent form, and mail full payment to

NREC, PO Box 1329, Greenville, ME, 04441

Forms can be downloaded from our website:

www.NRECMoosehead.org

Enrollment is on a first come first serve basis. Class size limited to 15 kids. Ages 8 – 14.

Price: Each week is \$25 for Members (Family Level & higher) / \$35 for Nonmembers. Week 7: Youth Bike Camp is \$35 for Members & Nonmembers. Scholarships are available.

Questions: Please contact Sally Tornquist at 207.280.0990 or email Suzannah Sinclair at nrecmoosehead@gmail.com